

School & Family Partnership Series

Parents and Guardians: Join us for a special opportunity to learn from a best-selling author, providing tips for increasing agency and resilience in children and young adults.









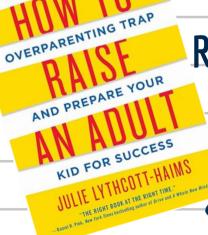
How to Raise an Adult

Featuring Author, Julie Lythcott-Haims

February 1, 2024

6:00 - 7:30 p.m.

Middle School Auditorium RSVP appreciated: bit.ly/44D74a9



Foundation for Saline Area Schools





About the Author

Julie Lythcott-Haimes

Julie Lythcott-Haims believes in humans and is deeply interested in what gets in our way. Her work encompasses writing, speaking, teaching, mentoring, and activism.

She is the New York Times bestselling author of How to Raise an Adult which gave rise to a popular TED Talk. Her second book is the critically-acclaimed and award-winning prose poetry memoir Real American, which illustrates her experience as a Black and biracial person in white spaces. Her third book, Your Turn: How to Be an Adult, has been called a "groundbreakingly frank" guide to adulthood.

Julie holds degrees from Stanford, Harvard Law, and California College of the Arts. She currently serves on the boards of Black Women's Health Imperative, Narrative Magazine, and on the Board of Trustees at California College of the Arts. She serves on the advisory boards of LeanIn.Org, Sir Ken Robinson Foundation and Baldwin For the Arts.

She lives in Palo Alto, California with her partner of over thirty years, their itinerant young adults, and her mother. She is a member of the Palo Alto City Council.

This event is generously supported by the Foundation for Saline Area Schools.

